



## Welcome Back to the Lake!

The ice is out, the loons are back, and despite Covid-19, spring is here! No doubt you are already aware that Governor Mills has imposed a 14-day quarantine requirement for everyone arriving from out of state. This is the travel advisory currently posted on the Maine CDC website:

It is mandated that all out-of-state travelers coming into Maine, as well as Maine residents returning to Maine, complete a 14-day quarantine upon arrival. This means:

- You need to arrive with enough food for 14 days or arrange to have food delivered to you. You cannot go out to grocery stores.
- Stay at home. You cannot go out to public places.
- Avoid contact with others, especially those who are at high risk of severe COVID-19 illness.

Most of you will likely bring a supply of food and household necessities with you when you return to your homes and camps so that you won't have to venture out for the 2-week duration. That said, it's also likely that you will have forgotten or will run out of some things during that period.

To help you comply with those important public health procedures and ease your arrival, Neighbors Driving Neighbors ([neighborsdrivingneighbors.org](http://neighborsdrivingneighbors.org)) is initiating a grocery delivery service to help new arrivals for those first couple of weeks for residents of Rome, Belgrade, Mt Vernon, Vienna and Fayette. The idea is that you can place and pay for a "take-out" order from a local, participating grocery and, **with at least 24-hr notice**, a volunteer will pick it up and deliver it to your door **at no cost to you**.

If you are interested in learning more about this program, please email Neighbors Driving Neighbors at [neighborsdrivingneighbors@gmail.com](mailto:neighborsdrivingneighbors@gmail.com). They will take your contact information, answer your questions, and let you know next steps. The Neighbors Driving Neighbors website has a full list of local businesses which are doing curbside pickup.

Let your neighbors know when you will arrive and tell them you plan to self-quarantine for two weeks. They'll appreciate your community awareness and may also have local info to help you have more fun while keeping your family and others safe.

Call in advance to arrange for boat pick-up and practice physical distancing at launch sites. Friday afternoon through Sunday morning is often the busiest time at launches. If possible, plan to avoid these hours and find a quiet interval for this premier rite of summer.

Transfer and recycling stations may have changed rules. Please check with your town office before you go.

### ***And one last word from us ...***

Maine is a State of Mind as much as a physical place. A sense of community and caring for one's neighbor are as tangible to Mainers as the pine covered hills and granite boulders surrounding our sparkling lakes. When you are reaching out to your neighbors and supporting local suppliers and helpers this summer, know you are weaving the spell that makes Maine a place like no other. Thank you for choosing to be part of it.

“ ...and from then on, none of us ever thought there was any place in the world like that lake in Maine”  
EB White, *Once More to the Lake*

### To Stay Informed

1. Maine’s 4-Phase Plan to Re-open the Economy, released April 28, 2020:  
<https://www.maine.gov/governor/mills/news/governor-mills-presents-safe-gradual-plan-restart-maines-economy-2020-04-28>
2. The Maine Center for Disease Control provides daily briefings about Covid-19 and public health requirements such as whether it’s necessary to wear a mask in public. Search: Nirav Shah Covid Briefing. Here’s their website: <https://www.maine.gov/dafs/covid-19>
3. Each Maine town has a health officer. Check with yours for the latest conditions in your area.  
<https://www.maine.gov/dhhs/mecdc/public-health-systems/lho/list.shtml>
4. The Maine Lakes Society posts Covid Safety updates for lake users on its website.  
<https://mainelakessociety.org/>